KNOWLEDGE AND ATTITUDE TOWARDS LEGALIZATION OF ABORTION SERVICE AND ASSOCIATED FACTORS AMONG FEMALE YOUTH IN AXUM TOWN, ETHIOPIA

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ABSTRACT

INTRODUCTION: Unsafe abortion greatly contributes to maternal mortality and morbidity in the world particularly in developing countries. Poor knowledge and unfavorable attitude towards abortion among female youths is still significantly high in Ethiopia where abortion service is not fully legalized. So far, no studies related to abortion legalization have been conducted in Ethiopia, Axum town to identify the gap. Therefore, this study was aimed at assessing female youth level of knowledge and attitude towards legalization of abortion services in the town. METHODS: Community based cross-sectional study was conducted on 400 subjects in November 2015. Respondents were selected through systematic random sampling. Structured questionnaire was used to collect the data. Data was coded and entered using Epi-info version 7 and exported to SPSS Version 20 for analysis. Descriptive and logistic regression were computed. Statistical tests were considered significant at p<0.05 and 95% confidence interval.

RESULT: A Only 202(49.5%) and 190(47.5%) of respondents had good knowledge and favorable attitude respectively. Age, not knowing unsafe abortion complication, and lacking information on criteria of legal abortion service were significantly associated with knowledge. Lack of formal education and no access to information were also associated with attitude.

CONCLUSION AND RECOMMENDATIONS: Almost half of the respondents have good knowledge and favorable attitude towards legalization of abortion service. Age, knowledge of unsafe abortion complication, and availability of clear source of information about abortion had strong association with knowledge and attitude. Great efforts are needed to ensure that all female youth know that they have a legal right to abortion in some circumstances in our country.

KEYWORDS: abortion legalization, attitude, Axum town, Ethiopia, female youth, knowledge

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INTRODUCTION

Globally, 22 million unsafe abortions from which 47,000 are accompanied with maternal deaths and 5 million complications happens annually2. Nearly all unsafe abortions (98%) are occurred in low- and middle-income countries3. In Sub-Saharan Africa, over 60% of unsafe abortions are among young women less than 25 years4. In line with this about 47% of abortions occur outside of health facility in Ethiopia5.

Abortion laws have been liberalized since the beginning of 20th century, when the extent of unsafe abortion recognized as public health problems6. Almost all deaths and morbidity from unsafe abortion occur in countries where abortion is severely restricted by law7. In many countries, restricted abortion law has been reforming in to more liberal and legal form8-9 In Ethiopia, abortion law was restricted until 2004 whereas the new law allows abortion up to 28 weeks of pregnancy for predefined indications 10.

Broadening abortion law is not the only solution to provide safe abortion service. Social, economic, policies and health-system barriers are still additional challenges to provide safe abortion care. Barrier includes stigma, negative attitudes, concerns over privacy and confidentiality that is why young women resort unsafe abortion even in environments where abortion is legal11. In fact, abortion service is more legalized on broaden conditions of abortion law than restricted law. As a result, realizing of legal abortion service is one of the several aspects in female youth that increases access to safe abortion services12. Making abortion legalized by law could not be fully protecting unsafe abortion practices unless knowledge of female youth on abortion legalization is improved significantly13-17.

In addition to improving knowledge of female youth on abortion legalization, changing unfavorable attitude is also very important to increase willingness of female youth to utilize safe abortion service than unsafe abortion 18.19. Finding out factors affecting attitude and knowledge on circumstances under which abortion is permitted by law is important for effective intervention 20.21. According to International Planned

Parenthood Federation (IPPF) report, knowledge and attitude towards legal abortion services is associated with several factors like gender, religious and social taboos. For example, in many countries, engaging in intercourse before marriage is viewed as unacceptable 22.

Although, the new 2005 Ethiopian Abortion Law is relatively legal, but limited knowledge and positive attitude on revised abortion law is one of the major obstacles that hinder women from obtaining Comprehensive Abortion Care (CAC)5. As a result, most women do not seek safe abortion services although they have the right to do so under the revised penal code23. Therefore, the main aim of this study was to assess knowledge, attitude and associated factors among female youth in relation to the 2005 revised legalization of abortion service.

METHODS

Community based cross-sectional study was conducted in Axum town which is 1,024 K.M far from Addis Ababa, the capital, in November 2015. Axum is the most important spiritual center of orthodox biblical art covenant with a total population of 56,576, of which, female proportion is 30,293 (37). 88.03% inhabitants of the town are Orthodox Christian. The town is organized in to four kebeles. There are two youth centers, one referral hospital, one general hospital and two health centers.

The study participants were female youths aged 15-24 years that were systematically selected from households. Female youth who were not residing in Axum town for at least six months and those who were critically ill as perceived by trained data collector were excluded from the study. Sample size was calculated using single population proportion formula with 95% confidence interval, 5% of marginal error, 50% P value (since no previous study) was used to obtain maximum sample size hence our sample was calculated at 384. Adding 10% none response rate the final sample size for this study was 422. four kebelle has been included in the study. The number of households to be included in each kebele were determined proportional with total number of households. Only one female respondent

from age group 15-24 was selected from each household. Respondents were identified by systematic random sampling method. In case of more than one eligible respondent in selected household, the interviewers used a lottery method to choose either of them. Revisit was conducted three times in closed households.

Knowledge and Attitude about legalization of abortion service were taken as dependent variable. Meanwhile, demographic factors, exposures associated with knowledge and attitude were independent variables. Variables were operationally defined thus; good knowledge was defined as knowledge score of respondents equal to or greater than knowledge mean score. Favorable attitude was defined as attitude score of respondents equal to or greater than attitude mean score.

Structured pretested questionnaire was used to collect data. The data was collected by trained four diploma holder female nurses and one bsc of public health professionals using face to face interview after informed consent has been obtained. Interview was made at respondents' consent and own house and each study participant was informed about the purpose of the study and importance of participation. Written consent was obtained from parents or guardian for under18 years respondents.

data was entered to epi-info version 7 then transported to spss v-20 for cleaning and analysis, any logical and consistency error identified during data entry was corrected after revision of completed questionnaire. Descriptive statistics was employed to calculate frequencies. Associations between dependent and Independent variables were assessed using logistic regression model with crude and adjusted odds ratio at 95% confidence interval (ci). Statistical association at p-value <0.05 was considered significant. Binary logistic regression at p-value <0.2 was entered into multivariable model of analysis. Cranach's alpha coefficient was used to assess internal consistency of measuring instrument. Values >0.7 were used for further analysis. Multi colinearity test was made in order to check interaction of independent variables in the multivariate analyses using vif (variation inflation factor). Vive was <3 which shows no multi co-linearity problem.

Ethical approval was obtained from ethics and research committee of Axum University. For those younger than 18 years of age, written assent was obtained from their guardian/parents. To ensure confidentiality, respondents were interviewed alone without the presence of their guardian or parents. The aim and purpose of the study was explained to each study participants. Interview was only undertaken when a participant gives informed consent. Unique identification number was used to ensure confidentiality.

RESULTS

Four hundred female youths were interviewed giving 94.78% of response rate. More than half (52.2%) of them were in the age group 20-24 years. Mean age was 19.73(SD + 2.83) years. Eighty six percent were Orthodox by religion. By education, 55.2% attended grade 9-12; occupationally, 51.5% respondents were students. About three fourth (71.8%) of the respondents were unmarried. For 66.2% of the respondents, both of their parents were alive (Table 1).

Table 1: Characteristic of the Respondents in terms of socio-demographic factors, Axum town, Ethiopia, 2016 (n=400)

| Characteristics of respondents | | Frequency (n) | Percentage (%) |
|-------------------------------------|-------------------------|---------------|----------------|
| Age (mean=19.7 years; Sd=2.8 years) | 15-19 | 191 | 47.8 |
| | 20-24 | 209 | 52.2 |
| Religion | Orthodox | 344 | 86.0 |
| | Muslim | 56 | 14 |
| Religious service attending habit | always or almost always | 145 | 36.2 |
| | Sundays or holydays | 139 | 34.8 |
| | only occasionally | 113 | 28.2 |
| | Never | 3 | 0.8 |
| level of education | No formal education | 27 | 6.8 |
| | Elementary (1–8) | 73 | 18.2 |
| | High school (9-12) | 221 | 55.2 |
| | Certificate and above | 79 | 19.8 |
| Occupation | Student | 206 | 51.5 |
| | Farmer | 6 | 1.5 |
| | Government | 29 | 7.2 |
| | Business | 39 | 9.8 |
| | Non-employed | 120 | 30.0 |
| Marital status | Married | 67 | 16.8 |
| | Single | 287 | 71.8 |
| | Cohabiting | 28 | 7.0 |
| | Divorced | 14 | 3.5 |
| | Widowed | 4 | 1.0 |
| Mother's maximum level of education | No formal education | 226 | 56.5 |
| | Elementary (1–8) | 113 | 28.2 |
| | High school (9–12) | 30 | 7.5 |
| | Certificate and above | 31 | 7.8 |
| Father's maximum level of education | No formal education | 158 | 39.5 |
| | Elementary (1–8) | 156 | 39.0 |
| | High school (9–12) | 41 | 10.2 |
| | Certificate and above | 45 | 11.2 |
| Birth order | First | 99 | 24.8 |
| | Middle | 225 | 56.2 |
| | Last62 | 15.5 | |
| | The only child | 14 | 3.5 |
| Life status of your family | Both alive | 265 | 66.2 |
| | Only father alive | 55 | 13.8 |
| | Only mother alive | 64 | 16.0 |
| | Both died | 16 | 4.0 |

More than three fourth (76.2%) did not know anyone with history of abortion. One fourth of respondents had been ever pregnant. Among those who had pregnancy, only 23(22%) ever had unintended pregnancy. Of those who had ever been pregnant 24(6%) had history of induced abortion. One hundred eighty (45.5%) had sexual intercourse experience. Of ever had sex, 136

(75.5%) were using contraceptive. 67% had information about criteria for induced abortion; 203(74.6%), 12(4.4%), 18(6.6%), and 39(14.3%) used mass media, friends, family, and health extension workers as main source of information for abortion criteria respectively (Table 2).

Table 2: Characteristic of the Respondents reproductive history and their source of information related factors, Axum town, Ethiopia, 2016(n=400)

| Characteristics of respondents | | Frequency (n) | Percentage (%) |
|---|--------------------------|---------------|----------------|
| Know someone who had an abortion | Yes | 95 | 23.8 |
| | No | 305 | 76.2 |
| Family planning use | Yes | 136 | 34.0 |
| | No | 264 | 66.0 |
| have boy friend | Yes | 142 | 35.5 |
| | No | 258 | 64.5 |
| Ever been pregnant | Yes | 101 | 25.2 |
| | No | 299 | 74.8 |
| Ever been unintended pregnancy | Yes | 22 | 22 |
| | No | 78 | |
| know any complication of un safe abortion | Yes | 264 | 66.0 |
| | No | 136 | 34.0 |
| Ever been carried out induced abortion | Yes | 24 | 6.0 |
| | No | 376 | 94.0 |
| Reasons for carrying out induced abortion | Rape | 5 | 20.8 |
| | Attending school | 7 | 29.2 |
| | Incest | 5 | 20.8 |
| | Lack of money | 7 | 29.2 |
| Do you have information source | Yes | 271 | 67.8 |
| about criteria of legal abortion service | No | 129 | 32.2 |
| Your main source of information | mass media | 203 | 74.6 |
| | Friends | 12 | 4.4 |
| | Family | 18 | 6.6 |
| | Health extension workers | 39 | 14.3 |
| Mass media best (most) frequently used | New paper and magazine | 20 | 9.9 |
| | Radio | 80 | 39.4 |
| | Television | 89 | 43.8 |
| | Internet | 14 | 6.9 |
| Family member who is the best | Mother | 9 | 52.9 |
| source of information | Father | 2 | 11.8 |
| | elder sister | 4 | 23.5 |
| | Both parents | 1 | 5.9 |
| | both elder brothers | 1 | 5.9 |
| | and sisters | | |
| Ever had sexual intercourse | Yes | 180 | 45.0 |
| | No 220 | 55.0 | |

Two third (66%) mention at least one complication of unsafe abortion. Of these who knew at least one complication, 76.3%, 32.10%, 9.5%, and 5% mentioned death, bleeding, infection and infertility as complication respectively. 198 (49.5%) had good knowledge towards abortion legalization. 185(46.2%) of the respondents knew existence of abortion law in the country; however, 142(35.5%) and 73(18.2%) replied as they did not know existence and it does not exist in the country respectively. Of these who replied there is abortion law in the country, 112 (65.5%) perfectly say as induced abortion is legalized under certain circumstances - Sixty-two (55%) said induced abortion is permitted in case of rape, 57.8% in case of incest, and 46% if the pregnancy endangers health or life of the mother. Considering multiple response, only 42.5%, 38.25%, 18.5%,10%, and 6.75% mention at least one, two, three, four and six criteria respectively.

Two hundred ten (52.5%) of respondents have unfavorable attitude towards abortion legalization service. Respondents who opposed legalization of abortion service also forwarded different reasons. Their reasons are absence of awareness [30.8%], being immoral to kill life [20.5%], causes disease [17.1%], not acceptable by religion [12.8%], encourages premarital sex [7.7%] and causes maternal death [6.8%].

DISCUSSION

Half (49.5%) of respondents have good knowledge towards legalization of abortion service; 47.5% have favorable attitude towards abortion legalization. Age, marital statuses, life status of family, knowledge on unsafe abortion complication and source of information have significant association with knowledge. Meanwhile, age, level of education, occupation, knowledge on unsafe abortion complication and source of information have significant association with attitude.

In this study 49.5% of female youths aged 15-24 have good knowledge towards legalization of safe abortion service. This is similar with studies conducted in Ethiopia (Yirga cheffe town 48.9%27, Mekele University 44.1%18 and 50% in Nigeria University30. However, it is higher than finding in educational institution of Harari Regional State in Ethiopia 35%,26 and Arba Minch in southern

Ethiopia 32.1%17. This high level of knowledge may indicate that findings from previous studies could serve health policy makers to design evidence-based delivery of information against this lack of knowledge towards legalization of abortion service at community level and facility level especially in colleges and universities.

Good knowledge towards legalization of abortion service on this study was lower than findings in South Africa 68%19, Colombo Srilanka 65.8%28, and in Nepal 66.5%29. This may attribute to participant back ground, personal beliefs, other sociocultural and religious factors. Concerning attitude 47.5% of all respondents had favorable attitude towards legalization of abortion and this was similar with studies in Bishoftu town 48.4%35. However, it was lower as compare to study in Yirga Chefe town 61.7%27. It was also higher than that of study done in colleges and university of Arba Minch 30.3%17. This could be due to chronological difference. Female youth who were in the age group of 20-24 had 2.102 times higher odds to have good knowledge compare to aged 15-19 years. This was consistent with findings in Bishoftu town35 and Harari Regional State26. This is because as age of female youth becoming older, their reproductive knowledge including on the issue of abortion is being increased 32. Married female youths were 44.5% lower odds to have good knowledge about legalization of safe abortion service than single female youth which was dissimilar to study being conducted in Harari Region of higher educational institution26. Fear of premarital pregnancy and childbearing due to sociocultural and religious factors obligates single female youth to know more about their reproductive health including abortion law than married women 1.

Those who had lost their mother were 86.9% lower odds to have good knowledge than whose both families were alive; this was not similar with study conducted in Harari Ethiopia26. This is because most unmarried female youths involved their mother in pregnancy resolution decision making33; however, when female youths who had lost their mother after they joined the university, they can improve their knowledge of reproductive health including the issues of abortion from their interactions with their peers.

Female youth having knowledge about complication of unsafe abortion had more than 3 times higher odds of good knowledge than those not having knowledge about complication of unsafe abortion which was similar to study conducted in Yirga Cheffe town27.

This study showed that attitude towards legalization of abortion service was higher in age 20-24 years than in age 15-19 years. Studies conducted in Bishoftu town35 and in the university of Debremarkos36 strengthened this finding. Supported from the female youth with no formal education had more than three times higher odds of unfavorable attitude compared to certificate and above educational level. This is supported by other studies conducted in Bishoftu35, Yirga Chefe town27, and Zambia21. This is because women with higher level of education have higher knowledge of abortion law and then higher favorable attitude towards legalization of abortion service34.

The result also revealed that those female youth who had involved in business work were 72.3% lower odds to have unfavorable attitude about legalization of safe abortion service compared with those female youths who were students. The possible explanation is perhaps these female youth involved in business have better social interaction with many people that had prior experience related with abortion and other sues may think as self dependent and have the right to decide what they want to do by themselves and also may have adequate finance to purchase reproductive health services including abortion services.

CONCLUSION & RECOMMENDATION

Generally, 50.5% of the respondents have poor knowledge; and 52.5% of female youths have unfavorable attitude towards legalization of abortion service. This indicates that the proportion of poor knowledge and unfavorable attitude is still significantly high. So, it needs further effort to reduce this problem. age, knowledge to complication of unsafe abortion, and source of information about criteria of legal abortion service, marital status, and life status of their families had significant association with knowledge. On the other hand, age, religion, educational level, and occupation, knowledge to complication of unsafe abortion, and

source of information about criteria of legal abortion service were factors that had significant association with attitude towards legalization of abortion service.

Greater efforts need to be made to ensure that all female youth know that they have a legal right to abortion in some circumstances in our country. Mobilization of the community to minimize knowledge and attitude gap of female youth towards legalization of abortion is urgent. Improving dissemination of accurate information about criteria of legal abortion service and knowledge on complications of unsafe abortion so that female youth can access it easily through mass media such as radio, television, newspaper and internet is an important task. It would be important for other researchers to continue with this topic to find out detailed influence of culture, social, norm, religion and personal believes using qualitative study design.

COMPETING INTERESTS

All authors do not have competing interest in this manuscript.

AUTHORS' CONTRIBUTIONS

TK wrote the proposal, questionnaire, monitor data collection, and performed statistical analysis. FA, TG, DT & MG has critically revised the study design, data collection techniques and helped the statistical analysis. MG thoroughly done the manuscript and contribute to publish the article.

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Table 3: Logistic regression analysis of factors affecting knowledge to legalization of safe abortion service, Axum town Tigray Region, north Ethiopia, March 2016 (n=400)

| Characteristics of responden | ts | | Frequency (n) | Percentage (%) |
|------------------------------|--------------------|-------------------------|------------------------|------------------------|
| Explanatory variable | Knowledge | towards | COR (95% CI) | AOR (95%CI) |
| | legalization | of abortion service | | |
| | Good | Poor | | |
| | knowledge | knowledge | | |
| Age | | | | |
| 15-19 | 119 | 72 | 1 | 1 |
| 20-24 | 79 | 130 | 2.72(1.814- 4.077) *** | 2.102(1.124-3.930) * |
| Church/ Mosque /attending | habit | | | |
| always or almost always | 51 | 94 | | 1 1 |
| Sundays or holydays | 85 | 54 | 0.345(0.218-0.558) *** | 0.243(0.128- 0.459) ** |
| only occasionally | 61 | 52 | 0.463(0.250-0.765) ** | 0.475(0.244-0.925) * |
| Never | 1 | 2 | 1.085(.096-12.258) | 0.445(0.017-11.665) |
| marital status | | | | |
| Never married | 133 | 154 | 1 | 1 |
| Ever married | 65 | 48 | 0.638(0.411-0.990) * | 0.555(0.312-0.985) * |
| Life status of your family | | | | |
| Both alive | 125 | 140 | 1 | 1 |
| Father only alive | 41 | 14 | 0.355(.159586) *** | 0.131(0.055-0.315) *** |
| Mother only alive | 27 | 37 | 1.224(.705-2.124) | 0.469(0.209-1.051) |
| Both died | 5 | 11 | 1.964(0.664-5.809) | 1.047(0.244-4.409) |
| know any complication of ur | n safe abortion | | | |
| Yes | 103 | 161 | 3.62(2.32-5.63)*** | 3.43(1.92-6.13)*** |
| No | 95 | 41 | 1 | 1 |
| Do you have source of inform | nation about crite | ria of legal abortion s | ervice | |
| Yes | 106 | 165 | 3.87(2.46-6.08)*** | 2.94(1.61-5.32)*** |
| No | 92 | 37 | 1 | 1 |

N.B *P< .05, ** P< .01 and *** P < .001

Table 4: Logistic regression analysis of factors affecting attitude to legalization of safe abortion service, Tigray Region, north Ethiopia, 2016(n=400)

| Explanatory variable | | Attitude towards legalization of abortion service | | COR (95% CI) | AOR (95%CI) |
|----------------------|-------------------------|---|--------------------|------------------------|----------------------|
| | | Un Favorable attitude | favorable attitude | | |
| Age | | | | | |
| | 15-19 | 82 | 109 | 1 | 1 |
| | 20-24 | 128 | 81 | 0.476(0.319-0.710) *** | 0.585(0.348-0.979) |
| Religion | | | | | |
| | Orthodox | 189 | 155 | 1 | 1 |
| | Muslim | 21 | 35 | 2.032(1.136-3.634)* | 2.364(1.224-4.565) |
| Level of ed | ucation | | | | |
| | No formal education | n 8 | 19 | 3.311(1.294-8.469)* | 3.475(1.174-10.287 |
| | Elementary (1–8) | 35 | 38 | 1.151(0.797-2.877) | |
| | High school (9-12) | 121 | 100 | 1.152(0.685-1.937) | |
| | Certificate and above | | 46 | 33 | 1 1 |
| Occupatio | ns | | | | |
| | Student | 89 | 117 | 1 | 1 |
| | Farmer | 3 | 3 | 0.761(0.150-3.859) | 0.403(.058-2.819) |
| | Government | 19 | 10 | 0.400(0.177-0.903) | 0.435(0.164-1.155) |
| | Business | 30 | 9 | 0.228(0.103-0.505)*** | 0.277(0.114-0.674) |
| | Non-employed | 69 | 51 | 0.562(0.357-0.886)* | 0.654(0.368-1.16) |
| know any | complication of un safe | abortion | | | |
| | Yes | 164 | 100 | 1 | 1 |
| | No | 46 | 90 | 3.209(2.080-4.951)*** | 2.467(1.532-3.973) |
| Source of i | information about crite | ria of legal abortion se | rvice | | |
| | Yes | 166 | 105 | 1 | 1 |
| | No | 44 | 85 | 3.054(1.970-4.735) *** | · 2.435(1.491-3.976) |

N.B *P< .05, ** P< .01 and *** P < .001

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